**Terms, Conditions & Privacy Policy:**

* Personalised and professional psychotherapeutic and coaching sessions offering a supportive, safe and confidential space.
* The therapy and coaching sessions are an entirely virtual practice conducted via video conferencing using Google Meets.
* Investment packages range from 12 sessions, 8 sessions or 4 sessions. Package content is custom made for you & flexible.
* Session calendar scheduling is flexible as your support needs change overtime.
* Full package investment to be paid upfront via bank transfer or PayPal.
* Package sessions are valid for 6 months from the transaction date.
* Solo session bookings are only available for existing clients who have previously worked through a self-healing package.
* Monthly or fortnightly payment plans are available upon special request.
* Both our conversations and written personal information are GDPR and HIPPA compliant.
* At least 24 hours of advance notice is required to cancel or reschedule a session by a client. Failure to provide 24 hours’ notice will result in the total fee of that session.